

# **Anxiety in Children with Autism Spectrum Disorder: A research study at Marcus Autism Center**

---

**A picture story for boys**



**I will go to Marcus Autism Center to take a special test. Sometimes taking a test isn't fun, but this test isn't like school. This test helps doctors learn about what I am feeling. I'll get to watch a movie and play a video game!**

---



**NIH Autism Center  
of Excellence**



**I will leave my parents and go with my team member to a room with a small TV just for me.**

---

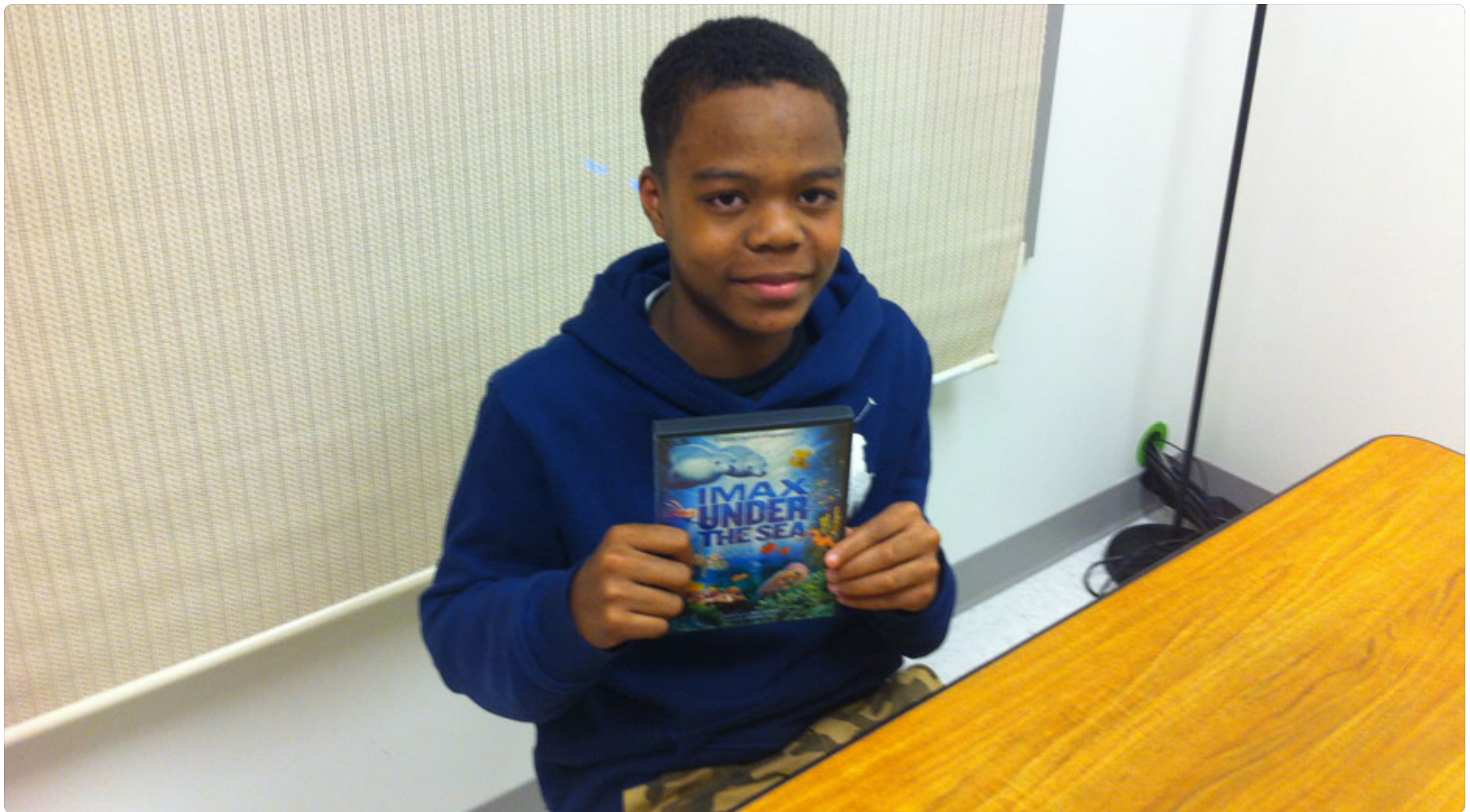
**Marcus**  
AUTISM CENTER

NIH Autism Center  
of Excellence



**I will see some bracelets and stickers that I am going to wear. As my team member is getting the bracelets and stickers ready, I will get to watch my movie for about 15 minutes.**

---



**For my test, I will pick a movie to watch. Then I will talk with one of my team members, and next I will play an online video game.**

---

  
**Marcus**  
AUTISM CENTER

**NIH Autism Center  
of Excellence**



**The bracelets will go on my wrists, and one of my team members will help put them on.**

---

**Marcus**  
AUTISM CENTER

**NIH Autism Center  
of Excellence**



**Then, one of my team members will ask me to lift my shirt. One of my team members will clean my chest with soap and water so that the stickers will stay on me. Then the stickers will be put on my chest. They will connect the stickers because the stickers let my team members listen to my heart beat.**

---



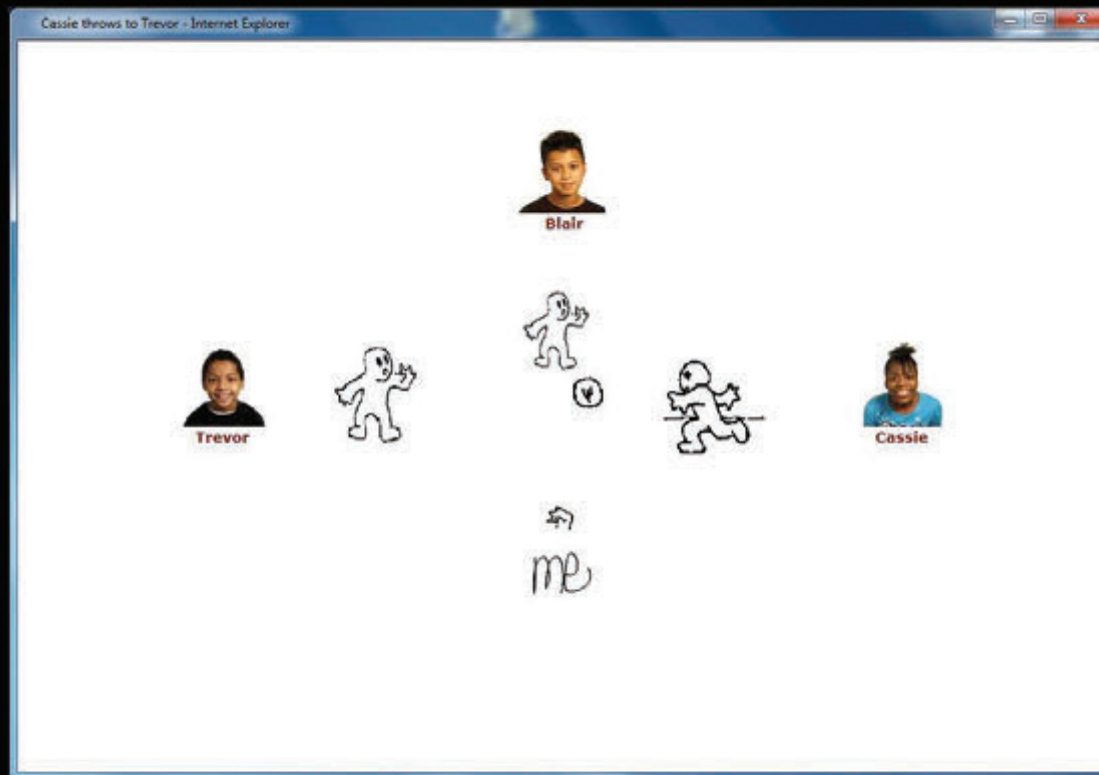
**While the stickers are on, I will talk with my team member about things like my school, my home and other important things about me. We will talk for about 10 minutes. When I am done talking, I can go back to watching my movie. This time, I will watch the movie for about five minutes.**

---

  
AUTISM CENTER

NIH Autism Center  
of Excellence





**While the stickers are on, I will also get to play a video game for about 10 minutes. When the video game is finished, I can watch my movie again.**

---



**After watching the movie for about five more minutes, my team member will help me take off the bracelets and stickers. Once the bracelets and stickers come off, I will be finished. My team member will let me pick a reward to keep for all of my hard work and for being so helpful.**

---



**Now I can leave and go back to my parents. I can ask any questions that I might have thought about during my test.**

---

**Visit [marcus.org/picturestories](https://marcus.org/picturestories) for more picture stories.**

  
AUTISM CENTER

NIH Autism Center  
of Excellence